

# Services offered

The STAR program is a full service outpatient program that uses a multidisciplinary treatment approach to help meet the complex needs of adolescents, young adults, and their families. Friendly and knowledgeable staff help clients move toward recovery using evidence based and research informed interventions. This assures that clients and their families receive a tailored treatment plan with treatments that work!

## Intake and Assessment:

We use a multidisciplinary assessment process and make every effort to schedule a client for intake as soon as possible.

## Psychotherapy:

Multiple modes of treatment are offered such as;

- Individual
- Group
- Family and couples therapy

## Psychiatry and relapse prevention medicine:

If medications are indicated to treat substance use or other mental health conditions, clients will be treated by specialists in adolescent and addiction psychiatry.

## Other services:

In addition to helping coordinate services within the UNMH system, STAR clients may receive the following services onsite:

- Case management
- Education and job assistance
- Parenting classes and group prenatal care
- Hepatitis C treatment
- Primary care services

# Substances we treat ...

The STAR program accepts referrals for **ANY** substance use disorder, including:

- \* Marijuana
- \* Alcohol
- \* Methamphetamine
- \* Cocaine
- \* Hallucinogens
- \* Benzodiazepines
- \* Opiates
- \* Spice
- \* Inhalants
- \* Other substances of abuse

If the client does not meet criteria for our program, assistance will be given for a community referral.



# Symptoms to be aware of

If your loved one is experiencing any of the following, please call 911 and seek immediate medical attention:

- Loss of consciousness
- Convulsions, shaking, tremors
- Confusion, severe agitation, or paranoid behavior
- Uncontrolled vomiting
- Suicidal thoughts or behaviors
- Delusional behaviors, hallucinations
- Difficulty breathing
- Violent or aggressive behavior
- Staggering or unsteady gait

For more information on substance abuse and treatment visit:

<https://www.samhsa.gov/>

# About STAR

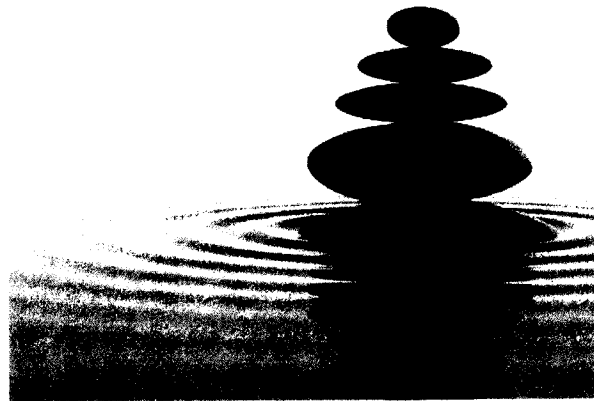
The STAR program is a full service outpatient program for adolescents and young adults with substance use issues and/or mental health conditions. The program is housed within the University of New Mexico Hospitals Addiction and Substance abuse Program (ASAP) and has a dedicated staff specifically trained to meet the needs of youth and their families.

At STAR an array of psychiatric and psychological services are offered, and every effort is made to coordinate services with available resources within the UNMH system and the community.

To place a referral, request information, or ask a question simply call the STAR program at (505) 994-7920.



**Recovery is possible.  
Let us help.**



**(505) 994-7920**

# STAR PROGRAM

Substance use Treatment  
for Adolescents & young  
adults in Recovery



*Part of UNMH Addictions and  
Substance Use Programs*  
<http://hsc.unm.edu/health>

**(505) 994-7920**

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Open Monday-Friday