COUNSELING/MENTORING & TUTORING

Golden Willow Retreat (575) 425-3274
https://goldenwillowcounseling.com
Golden Willow is a client oriented mental health counseling center in which counseling is offered to help those in their times of needed emotional support.

Big Brothers Big Sisters Mountain Region (575) 779-0003
A free one-to-one mentoring service for youth ages 5-18yrs. info@bbbsmountainregion.org

Taos Alive, YES, Youth Empowerment Services Ttxt (575) 737-8404
This program connects youth with opportunities in the community to work and get involved within Taos County.

La Piñón (575) 636-3636,
https://www.lapinon.org/kidtalk/
KidTalk offers children someone to talk to and provides a safe place for a child to reach out where someone will listen and offer support.

Teen Peer text/call line (800) 852-8336
TEXT TEEN to 839863
https://teenlineonline.org/
Do you need help working something out? Do you want to talk to someone who understands, like another teen? We’re here to help!

Project Amp Peer to Peer Mentoring (Currently at THS, Vista Grande, Taos Academy)
jhook@c4innovates.com
Project Amp pairs youth with young adults in recovery for brief mentorship that enhances resiliency and prevents alcohol and other drug use.

Taos Behavioral Health & Inspire (575) 758-4297 (Ages 6 and up)
Provides adolescent programming and behavioral health.

Embudo Valley Tutoring Association
https://embudovalleytutoring.com/
EvTA supports Dixon Elementary School and strengthens the educational opportunities in the rural area surrounding the Rio Grande of Rio Arriba County.

Mental Health Hotline
NM Crisis Hotline (855) 662-7474
You can text (855) 466-7100.
If you prefer texting someone, the New Mexico Peer to Peer Warmline is now responding to text messages from 6pm-11pm every day. Number provided above.
HEALTH/DENTAL YOUTH & FAMILY

El Centro Taos (575) 758-3601
El Centro family health clinics offers medical, behavioral health services, dental services, and school-based health centers.

Dentistry for Kids (505) 473-5437
2904 Rodeo Park Drive, Santa Fe, NM

FAMILIES.COM
Families.com offers information resources on a wide variety of topics, including health, pregnancy, finances.

Youth Heartline (575) 758-0106
https://www.youthheartline.org
Youth Heartline was incorporated in 1991 in Taos, NM to advocate for abused and neglected children in foster care.

The Tribe
https://support.therapytribe.com/
teen-support-group/
Peer to Peer support group for teens with mental health challenges and or difficult family dynamics.

Taos Public Health Department (575) 758-0493 1400 Weimer Rd, Taos DOH offers family planning/birth control, immunizations, WIC, and STD testing.

PREGNANCY & PARENTING

Taos First Steps (575) 751-5764
Offer pregnancy, parenting services.

Tiwa Babies (575) 758-7824 EXT 112
Tiwa babies services promote optimal child and family development. We offer our services to Native Families and Non-Native Families living in Taos County.

MENTAL HEALTH

National Alliance on Mental Health (800) 950-6264
24 HOUR Mental Health Hotline

Suicide Prevention Hotline (800) 273-8255
It is available to anyone in suicidal crisis or emotional distress.

Desert Hills (505) 715-6808
Adolescent Behavioral & Mental Health Facility (ages 4-18). Residential Treatment, Outpatient Treatment.

Taos Behavioral Health (575) 758-4297
Taos Behavioral Health provides comprehensive behavioral health services to individuals, families, and groups to support them in developing positive behaviors and making life-affirming choices.

Butterfly Healing Center/Tribal Youth (575) 751-7688
Butterfly Healing Center is a residential treatment center for Native American youth.

WARM LINE INFO (575) 636-3636
Call/text the number
Warm Line is a peer support help line for people living with emotional and mental health challenges.

QUIT TOBACCO/VAPE

Tobacco Cessation Helpline (800) 784-8669 or 1-800-QUIT NOW
Free personal quit plans and support for quitting all tobacco products and vaping.

DOMESTIC VIOLENCE EMERGENCY HOUSING

Community Against Violence (CAV) (575)-758-9888 or text (575) 770-2706 CAV is the only non-profit agency in Taos County exclusively addressing the needs of victims of domestic/sexual violence.

NM Child Abuse / Neglect Hotline (855) 333-7233
Every person who knows or has reasonable suspicion that a child is being abused or neglected in New Mexico.

National Teen Dating Abuse Help (866) 331-9474
The National Dating Abuse Helpline is the direct service provider operating the 24/7 text, phone, and live chat services.

DreamTree Youth Shelter (Youth 12-24yrs) (575) 758-9595
DreamTree Project offers emergency teen shelter, a transitional home, and resources.

Florence Miera, LCSW Homeless Liaison Taos Municipal Schools District (575) 737-6103
A local social Worker who works with the community for housing solutions.

POLICE & MISC. RESOURCES

POLICE AGENCIES

Town police (575) 758-2216
State police (575) 758-8878
Sheriff’s Office (575)-737-6480
Taos Ski Valley Office (575) 776-2815
Taos Pueblo (575) 758-8645

List of other resources: https://pullitalltogether.org/contact-us/community-hotlines